

# Commitment Poster

What can you commit to doing that you're not already doing?

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Use CFLs or LEDs	Turn lights off when leaving a room	Turn off electronics & appliances completely when not being used	Turn down thermostat in winter & up in summer (especially when nobody is home)	Use energy saver settings on appliances when available	Hang clothes to dry	Take 5-10 minute showers	Recycle paper, glass, plastic, magazines & yard clippings	Walk, ride a bike, take a bus or carpool to school/work.	Bring a lunch in a reusable bag	Find drafts in your home & seal these
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